



▶ FLIPPING OUT: HOW TO FLIP A JIG ..... 1

▶ JOIN THE CLUB ..... 1

▶ PAYING IT FORWARD: BE AN AMBASSADOR TO THE SPORT BY GIVING BACK ..... 2

○ WINTER | ○

# WWS

## Bass Team News

FLIPPING OUT  
BY COACH LAWRENCE

*The technique of the week is how to flip a jig. This will be one of the key things we work on indoors in February, so take time to learn this technique and practice on your own..*

“If you can’t flip, you are not that serious about catching bass.”

A friend once said to me, “If you can’t flip, you are not that serious about catching bass.” At the time, I had no idea what he was talking about. I soon learned, what he meant by ‘flipping’ was the art of underhand casting with precision. Simply put, he was right: those anglers who do not know how to flip a jig are missing out on both numbers and quality of bass.

We will spend a great deal of time indoors and outdoors working on long distance casting, precision casting, skipping, pitching, and other casting techniques. Last month, the newsletter focused on the technique of skipping worms under docks and overhanging branches—a technique for getting around or under fish cover. Flipping allows the angler to get into the fish cover. In other words, flipping will allow you to get in-between rocks, into branches and stick-ups, and up against downed trees and pilings.

The key to flipping is dialing into your reel and controlling the

speed that line comes off of your reel. Traditionally, we practice this technique with a one oz. jig with the bait-casting reel dial tight. We practice a sweeping motion and make small adjustments including wrist position at release and rod tip position. Once we are dialed in with the flip, we work on how close the lure is to the water when traveling, and ‘feathering’ the cast for minimal to no splash. We begin by practicing in the gym and flipping into small buckets and boxes. Eventually, we will experiment with lighter jigs before heading outside to deploy this deadline casting technique.

A lot of novice fishermen can chuck a spinnerbait or crank bait, but it takes a practiced angler to flip a jig. Work on this technique in your backyard or at practice. It will likely pay off this season and beyond.



## NEW MEMBERS WANTED

We are now recruiting members for the WWS Bass Fishing Team. All students at Wheaton Warrenville South High School are invited to join the club. No fishing experience or fishing equipment is needed to join. Any student interested in meeting new people or learning about fishing should join. Students can sign-up on Synergy ParentVue as they would to join any other club. It is free to join. Official meetings are each week from January through May. See Coach Lawrence or Coach Tang for more information.



## Paying it Forward: Serving our school and community

*How you can give back to other anglers this season and be an ambassador of the sport*

There is an old Chinese Proverb that states, "Give a man a fish, and you feed him for a day. Teach a man to fish, and you feed him for a lifetime." The proverb is not about harvesting or catching/releasing fish; it is a message on stewardship. This season, we are going to continue to look for ways to promote the lifelong sport of fishing while looking for ways to give back to the school and community.

Some new members may not be aware of the services we currently perform to promote the sport of fishing.

Take for example last week's 8th grade orientation. We had an impressive display encouraging incoming students to join the club. Each year we spend two nights promoting the club to incoming students. It is also important to point out the community service our team members put in each season. Senior Chris Bulaw has put in 60 hours of community

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service in his 3.5 years on the team. Chris and our other senior leaders are looking for new

service opportunities this season. If you have ideas, please share them with our coaching staff. Some of the ideas brainstormed this off season include a clean-up day at both of our home lakes and speaking to local elementary and/or middle schools about conservation. Continue to look for ways you too can be an ambassador of the sport by sharing what you know and taking care of our waters.

## JANUARY UPDATES: Newsworthy Notes



If you are not already, check us out on twitter, facebook, or our updated team website—[wwwsbassfishing.weebly.com](http://wwwsbassfishing.weebly.com)

In other news, the WWS Bass Team is also proud of the turnout at the recent outdoor show in Schaumburg/ Chris Bulaw was able to attend the very special Bass University.



### Questions/Comments:

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